

WALL MOUNT INSTALLATION GUIDE

⚠ Important Safety Guidelines

- For Gear 1 use only.
- Professional installation recommended.
- Only install to load-bearing or concrete walls.
- Supports a working load of up to 330 lb (150 kg).
Hardware can loosen over time. Inspect the Wall
- Mount regularly and tighten hardware as needed.

🔧 Tools

Included

- Wall Mount
- Two wood stud lag bolts ($\frac{3}{8}$ " X 3")
- Two washers

Required

- Drill, with $\frac{1}{4}$ " drill bit
- Ratchet
- Stud Finder

WE'RE HERE FOR YOU!

Follow our video installation guide

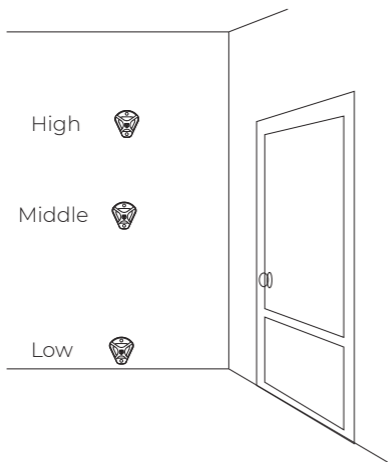
hyfitgear.com



Scan the following QR code or insert the link above in your browser to access our tutorials

Wall Mount Installation

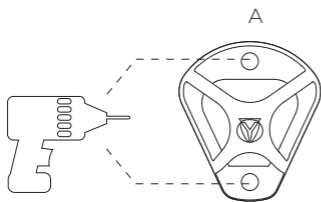
1. Plan your Wall Mount positioning on the wall. Locate the center of the wall stud with a stud finder, and mark where you would like to install the Wall Mount



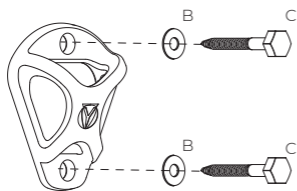
- A **high anchor** should be placed about 10" above your height

- A **middle anchor** should be placed at shoulder height

- A **low anchor** should be as close to the floor as possible



2. Place the Wall Mount with both bolt holes aligned along the center of the stud. Make sure the wide end is at the top (A). Drill pilot holes with a $\frac{1}{4}$ " drill bit.



3. Insert the lag bolts (C) through the washers (B) and screw into the Wall Mount holes with a ratchet or drill.

To install the wall mount on a concrete wall, use two $\frac{3}{8}$ " x 3" concrete lag shields, available at hardware stores.